**The Medical Centre Port Glasgow**

**Newsletter Spring/Summer 2015**

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**The surgery will be closed for the Easter holidays Friday 3rd April and the Monday 6th April, so please make sure you have ordered your prescriptions in plenty of time allowing 48hours. If you need medical advice at this time, please call the new NHS24 free phone number 111**

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| **Minor Ailment**  The **Minor Ailment Service (MAS)** allows eligible individuals to register with and use a community pharmacy as the first port of call for the treatment of common illnesses on the NHS. A patient registers with the community pharmacy of their choice in order to use **MAS.**  **Hay fever season**  If you suffer from hay fever, please note that the **Minor Ailment Service** is the best place to go as you can get a script for any antihistamine at the pharmacy without having to see the GP.  **Eye conditions**  If you are bothered with any eye complaint or infection. It has been agreed by the Health board that your first port of call would be the Optician.  **Baby Weight Clinic**  You can now have your baby weighed at the Boglestone clinic every Friday between 1.30pm and 2.30pm. Just call 01475 701058 to book an appointment.  **Why does reception staff ask questions about your illness?**  C:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\JFZ49JL1\37a283b5-c348-46a4-ad6f-36d3274032fd[1].png  It is not a case of being nosey.  Reception staff are trained to ask certain questions in order to ensure you receive   * The most appropriate medical care * From the most appropriate health professional * At the most appropriate time   Receptionists are asked to collect brief information from patients to help prioritise house calls and phone calls  **Reception staff, like all members of the team, is bound by confidentiality rules**  **Website**  Please visit our new website  [www.portglasgowmedicalcentre.org.uk](https://web.nhs.net/OWA/redir.aspx?SURL=cLpBmPSiwKuYL5LsgHwkUdksywyTU9h9XLR1qtbXXo7Lt_zPgjPSCGgAdAB0AHAAOgAvAC8AdwB3AHcALgBwAG8AcgB0AGcAbABhAHMAZwBvAHcAbQBlAGQAaQBjAGEAbABjAGUAbgB0AHIAZQAuAG8AcgBnAC4AdQBrAC8A&URL=http%3a%2f%2fwww.portglasgowmedicalcentre.org.uk%2f) | | **GOING ON HOLIDAY?**  Please ensure that you call the practice at least 8 weeks in advance to speak to the practice nurse for information on travel vaccinations.  Please ensure you add ordering your prescriptions to your to do list.  **Early Morning Surgery**  On a Thursday and Friday Morning we run a surgery starting at 7.30am. These appointments can be made 2 weeks prior  **C:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\JFZ49JL1\37a283b5-c348-46a4-ad6f-36d3274032fd[1].png**  **Antenatal booking**  If you have just found out that you are pregnant, please call **0141 2324005** to arrange your first initial booking appointment  **Contact details**  It is really important that we have your correct details. So we would appreciate if you can update the practice with any new telephone numbers or change of address. You can do this on the website  **Missed Appointments**  Can we please ask that you call to cancel your appointment if you cannot attend, this appointment can be given to someone else.  **Prescriptions**  Please allow 24hrs after ordering before you collect your prescription from the surgery. If you have requested it to go to the pharmacy, please allow longer as they have to prepare it for you.  Remember you can order your prescription via e-mail  [**Prescriptions.gp86336@nhs.net**](mailto:Prescriptions.gp86336@nhs.net)  **C:\Program Files\Microsoft Office\MEDIA\CAGCAT10\j0304933.wmf** |
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